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Anytown Cardiac Specialists, Inc.

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ROBERTS, JOAN

DOB: 06/24/1953

January 24, 2012

INTRAVENOUS DOBUTAMINE MYOCARDIAL PERFUSION STUDY

(rest/pharmacologic stress SPECT with gated SPECT wall motion studies at rest and post-stress)

Ordering Physician: Janet Jones, MD, FACC

Clinical History: 58 year-old woman with cardiac risk factors which include age, known CAD, hyperlipidemia, and hypertension. The patient has a history of percutaneous coronary intervention. Significant pre-test symptoms include anginal equivalent. Her last Beta-blocker was administered 34 hours prior to the study. Her height is 60 inches and weight is 230 lbs, with a BMI of 45 (BSA: 2.2 m^2).

Indications for study: Anginal equivalent, known CAD (diagnostic and prognostic assessment), and percutaneous coronary intervention. **Pharmacologic indication:** Physician request.

DOBUTAMINE PHARMACOLOGIC STRESS

BASELINE ECG: Sinus rhythm at 88 bpm. PR: 0.140, QRS: 0.080, QT: 0.390, and Axis: +40. No arrhythmias. ST: normal. T waves: normal. QRS (Q waves): normal. Conduction: normal. INTERPRETATION: Normal ECG.

Dobutamine was infused over 9 minutes at a maximum rate of 20 mcg/kg/min to a peak heart rate of 142 bpm (88% MPHR). BP increased from 110/74 to 184/78 at peak stress. STRESS ECG: Sinus tachycardia. No arrhythmias during stress or recovery. The stress ECG revealed 3.0 mm downsloping ST-segment depression in leads I, AVL, and V4-V6. Conduction: normal. Testing was supervised and interpreted by Janet Jones, MD, FACC.

IMPRESSION:

- 1. Appropriate blood pressure response to intravenous dobutamine.
- 2. Appropriate heart rate response to intravenous dobutamine.
- 3. Patient reported chest pain.
- 4. Positive ECG for ischemia.
- 5. No arrhythmias during dobutamine infusion.

MYOCARDIAL PERFUSION IMAGING

50 minutes following the intravenous administration of 9.30 mCi of ^{99m}Tc sestamibi, resting gated SPECT myocardial perfusion imaging was performed from the RAO to LPO positions, with the patient placed in the supine position. Subsequently, dobutamine was infused and

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38.20 mCi of ^{99m}Tc sestamibi was injected intravenously. 50 minutes later, post-infusion gated SPECT myocardial perfusion imaging was performed from the RAO to LPO positions, with the patient placed in the supine and (non-gated) prone positions.

TABLE 1. Wryocarular Ferrusion Defects						
Location	Туре	Extent	Severity	CV Territory		
anterior	reversible	medium	moderate	LAD and/or diagonal		
inferior	persistent	medium	severe	RCA/PDA		

Summed stress score (SSS) = 15(22%). Summed rest score (SRS) = 9(13%). Summed difference score (SDS) = 6, a moderate amount of reversible ischemia (9% of total myocardium is reversibly ischemic based on SDS = 6).

The overall technical quality of the study is good.

IMPRESSION:

- 1. Moderate degree of reversible ischemia in the basal to apical anterior segments, affecting a medium amount of myocardium in the LAD and/or diagonal territories.
- 2. Severe degree of persistent infarction in the basal to apical inferior segments, affecting a medium amount of myocardium in the RCA/PDA territory.
- 3. Gated SPECT wall motion study at rest demonstrates akinesis in the basal to apical inferior segments with EF = 58% and normal ESV = 54 cc. Gated SPECT wall motion study at 50 minutes post-stress demonstrates similar wall motion with EF = 56% and mildly enlarged ESV = 60 cc. Overall functional imaging assessment: abnormal.
- The probability of a hemodynamically significant coronary artery stenosis is 4. considered to be high (>=90% probability). These findings are most consistent with a stenosis in the LAD and/or diagonal coronary circulation. The moderate amount of reversible ischemia combined with a normal post-stress EF, mildly enlarged poststress ESV, and a medium-sized prior infarction predicts an intermediate risk of cardiac mortality over the next 1-2 years. Clinical correlation is required.

Janet Jones, M)

Janet Jones, MD, FACC (01/24/2012)

cc: W. Thomas, MD cc: B. Smith, MD



TABLE 2: Perfusion Scores (17-segment model)

SA	AX Al	PICA	L		SAX	MID		S	AX B	ASAI			AP	EX		
	#	S	R		#	S	R		#	S	R		#	S	R	
ANT	13	2	0	ANT	7	2	0	ANT	1	2	0	APX	17	0	0	
SEP	14	0	0	A-S	8	0	0	A-S	2	0	0					
INF	15	3	3	I-S	9	0	0	I-S	3	0	0					
LAT	16	0	0	INF	10	3	3	INF	4	3	3					
				I-L	11	0	0	I-L	5	0	0					
				A-L	12	0	0	A-L	6	0	0					

TABLE 3: Perfusion Score Legend

Score	Meaning
0	Normal
1	Mildly Reduced/Equivocal
2	Moderately Reduced
3	Severely Reduced
4	Absent Uptake

TABLE 4: Observed vs. Expected Volumes and EF

	Observed (STRESS)	Expected (STRESS)
EDV	135 cc	$<= 130 \text{ cc} (60 \text{ cc/m}^2)$
ESV	60 cc	$<= 58 \text{ cc} (27 \text{ cc/m}^2)$
EF	56%	>= 55%

NAME: ROBERTS JOAN	I.V. Dob	outamine	MYOCARD P	IAL PERFUSION STUDY HYSICIAN WORKSHEET
DOB: 06/24/53 Study Date: //24/12	Risk Factors	Cardiac H Study Indi	listory cations	Pre-Test Symptoms Study Indications
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	AD, Family History abetes yperlipidemia ypertension etabolic Syndrome besity AD mal Failure noking, Current pecial Conditions sthma halers efibrillator icemaker	Abnormal EC Abnormal Str Abnormal Tre Arrhythmias, Arrhythmias, Cardiomyopa CHF CAD, Known Prior MI Prior CABG Viability Stue	CG ress Echo eadmill Atrial Ventricular thy n ent dy	Chest Pain NOS Angina, Typical Angina, Atypical Anginal Equivalent Non-anginal Chest Pain Dyspnea Syncope Other Indications Pre-Op Eval
DATA STRESS	RECOVERY	Y Age: 58; MPHE	R is bpm;	85% of MPHR is bpm.
$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	$\frac{BP}{1, 1, 20} = \frac{BP}{16}$ $\frac{170}{10} = \frac{164}{64}$ $\frac{142}{70} = \frac{142}{70}$ $\frac{142}{70} = \frac{142}{70}$	HR 138 Maxin 124 Total 1/6 Isotop 1/0 Isotop 184/78	mum dose: infusion time pe injected at mg Atropir	20 _{µg/kg/min} :: <u>09:00</u> <u>07:00@139</u> pm ne given @:
40 15 min HR H	PEAK STRESS: \angle	/42 Atro	pine not give	en
Baseline ECG NSL rhythm atPR:./4 secondsQRS:QT:	bpm	Dobutam Angina, Non-Lim Angina, Limiting ECG Changes (Iso Dyspnea	ine was sto iting □ Fa □ Ro chemia) □ V	pped due to: all in BP eaching target HR entricular Tachycardia
Arrinyummas: ST: normal depressed in leads leevated in leads Non-Specific ST Abnormality T waves: normal biphasic in leads inverted in leads Inverted in leads Non-Specific T Abnormality QRS: normal Baseline ECG Ir	Early Repol 1,	Appropriate Blunted Appropriate Blunted	 Hyperter Hypoten Exaggera 	nsive sive BP response ated Increased HR response
A Conduction Abnormalities: Abnormal ECG Abnormal ECG Abnormal ECC Device the ECC	$\frac{3}{6}$ due to:	I Negative □ I Positive □ I No arrhythmi	$[Equivocal] Uninterpret \\ as \Box \ V \ c$	able ECG for ischemia.
Stress ECG Rhythm S.T Arrhythm Stress ECG and the stress of the	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	□ PAC's □ PV □ during ○ Patient Noted: □ No symptoms ○ Chest pain/di □ General mala □ Dyspnea	$VC's \square V.ta$ $\square after dobu s after dobu scomfort \square ise \square \square$	ach. (beats) ntamine infusion.
	1	MD/PA/NP signature		

TECHNOLOGIST WORKSHEET Name:	20BERTS, JDAN DOB: 06, 24, 1953
Study Date: $O_{MM} / 24 - 20/2$ DD DD - YYYY Study Type: $D \circ B \cup T M \rho T$ Patient's Height: 60 inches Weight: 230 lbs Gender: \Box Male Female	Patient ID on Modality: Female patient bra/cup size: 40 / 0 Breast Surgery: YES / 0 Location: LEFT / RIGHT Describe:
REST IMAGING	STRESS IMAGING
REST DOSE: 2 3 mCi INJECTION TIME: 10 HH : 5 MM SCAN START TIME: 11 HH : 05 MM SCAN START TIME: 11 HH : 05 MM Pharmaceutical: \Box Tetrofosmin \Box Rubidium-82 \Box Thallium \Box Thallium Rejected / Total Beats: O $/$ \Box TES NO \Box TES NO \Box TES NO \Box TES NO	2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 + 2 +
MoCo estimate from review of raw REST data: NONE MODERATE* MILD SEVERE*	MoCo estimate from review of raw STRESSdata: NONE DI MODERATE* MILD SEVERE*
* Note: Moderate of Severe cardiac mod	ion requires inividual e repeat imaging.
Stress prone imaging performed. YES / NO	Notes:
Repeat imaging start times:	
HH :MM REST / STRESS	x
HH :MM REST / STRESS	Technologist initials





OVERRIDE AUTOMATIC CALCULATIONS:

STRESS		REST			
ESV	EF	ESV	EF		
NORMAL	NORMAL	NORMAL	NORMAL		
ELEVATED	REDUCED	ELEVATED	REDUCED		
MARKEDLY	SEVERELY	MARKEDLY	SEVERELY		
ELEVATED	REDUCED	ELEVATED			

Risk of cardiac mor	rtality within a	next 1 to 2 years:
	Very Low	Intermediate
×	□ Low	└ High

Add to impression: